

Belle Terre Weekend Schedule

Aug 16 - Aug 22 • Union Hall & Rocky Mount, Virginia

Welcome to Belle Terre! Here's what's happening around the lake this weekend — all within about 30 minutes of your stay.

Sunday, August 16

- **Freedom Walk:** Walk, run or log miles to honor Booker T. Washington's historic journey while raising scholarship funds for Franklin County High School seniors. At Booker T. Washington National Monument. 10-11 a.m.
- **Live Music at Drifter's:** Relax with Sunday live music and waterfront dining at Drifter's. At Drifter's. 2-5 p.m.

Monday, August 17

- **Freedom Walk:** Walk, run or log miles to honor Booker T. Washington's historic journey while raising scholarship funds for Franklin County High School seniors. At Booker T. Washington National Monument. 10-11 a.m.
- **Crafty Needles:** Bring your knitting or crochet project and enjoy creative community time. At Kaleidoscope - The Gathering Place. 2-4 p.m.
- **Live Music at Tiff's Lakefront:** Enjoy live music every Friday night at Tiff's Upper Patio, featuring local favorites, lake views and a relaxed waterfront atmosphere. At Tiff's Lakefront. 6:30-8:30 p.m.

Tuesday, August 18

- **Spirit Yoga (with Chairs):** Gentle weekly chair yoga designed for all ages and abilities. At Kaleidoscope - The Gathering Place. 9:30-10:30 a.m.
- **Freedom Walk:** Walk, run or log miles to honor Booker T. Washington's historic journey while raising scholarship funds for Franklin County High School seniors. At Booker T. Washington National Monument. 10-11 a.m.
- **Spirit Yoga (with Mats):** Weekly mat yoga focused on movement, flexibility and mindful wellness. At Kaleidoscope - The Gathering Place. 11 a.m.-12 p.m.
- **Cornhole With Mike:** Weekly cornhole nights at Hot Shots featuring friendly competition, cold drinks and good times. At Hot Shots Bar & Grill. 6:30-9 p.m.

Wednesday, August 19

- **Moneta Farmer's Market:** Shop local vendors, farm products and fresh finds in Moneta. 9 a.m.-12 p.m.
- **Freedom Walk:** Walk, run or log miles to honor Booker T. Washington's historic journey while raising scholarship funds for Franklin County High School seniors. At Booker T. Washington National Monument. 10-11 a.m.
- **Jake's Place - Dine Out to Lift Up:** Enjoy a meal at Jake's Place and 10% your bill will benefit Lake Christian Ministries!. 4-9 p.m.
- **Live Music at Hot Shots:** Enjoy midweek live music and a lively atmosphere at Hot Shots. At Hot Shots Bar & Grill. 7-10 p.m.

Thursday, August 20

- **Southlake Community Market:** Shop farm goods, artisan products, baked treats and local vendors in Union Hall. 9 a.m.-12 p.m.
- **Freedom Walk:** Walk, run or log miles to honor Booker T. Washington's historic journey while raising scholarship funds for Franklin County High School seniors. At Booker T. Washington National Monument. 10-11 a.m.
- **Jake's Place - Dine Out to Lift Up:** Enjoy a meal at Jake's Place and 10% your bill will benefit Lake Christian Ministries!. 4-9 p.m.
- **Texas Hold 'Em Poker:** Test your poker skills during weekly Texas Hold 'Em nights at Hot Shots. At Hot Shots Bar & Grill. 6-9:30 p.m.
- **Live Music at Portside:** Enjoy live music, waterfront dining and rotating performers every Thursday at Portside. At Portside Grill & Bar. 6-8 p.m.
- **Music Bingo:** Join the fun every Thursday with Music Bingo at Magnum Point Marina. At Magnum Point Marina. 6:30-8:30 p.m.
- **Fun & Fellowship Bingo:** Play for cash prizes at this fun-filled fundraiser at Resurrection Catholic Church in Moneta. 6:30-9 p.m.
- **Karaoke:** Come sing your heart out at Mango's Bar & Grill. At Mango's Bar & Grill. 7-11 p.m.
- **Card Playing Group:** Learn Bridge or enjoy casual card games with fellow players. At Kaleidoscope - The Gathering Place. 7-9 p.m.

Friday, August 21

- **Freedom Walk:** Walk, run or log miles to honor Booker T. Washington's historic journey while raising scholarship funds for Franklin County High School seniors. At Booker T. Washington National Monument. 10-11 a.m.

- **Wine, Balloons & Tunes:** Experience two days of hot air balloons, live music, award-winning wine, food and family fun at Wind Vineyards. At Wind Vineyards. 3-9 p.m.
- **Wine Tasting:** Sample featured wines during free Friday tastings at SML Fine Wines. At SML Fine Wines. 4-7 p.m.
- **Live Music at Portside:** Live music, waterfront views and rotating local performers every Friday at Portside. At Portside Grill & Bar. 6-8 p.m.
- **Live Music at Tiff's Lakefront:** Enjoy live music every Friday night at Tiff's Upper Patio, featuring local favorites, lake views and a relaxed waterfront atmosphere. At Tiff's Lakefront. 6:30-8:30 p.m.
- **Music in the Park: Common Ground:** Enjoy live music lakeside during Smith Mountain Lake State Park's Music in the Park series featuring country, bluegrass and classic favorites. At Smith Mountain Lake State Park. 7-9 p.m.
- **Live Music at Mango's:** Enjoy live music every Friday night at Mango's Bar & Grill overlooking Smith Mountain Lake. At Mango's Bar & Grill. 7:30-11:30 p.m.
- **Live Music at Hot Shots:** Enjoy live music from local musicians every Friday night at Hot Shots. At Hot Shots Bar & Grill. 7:30-10:30 p.m.

Saturday, August 22

- **Westlake Farmers Market:** Shop fresh produce, baked goods, seafood, honey and local vendor favorites. 9 a.m.-1 p.m.
- **Freedom Walk:** Walk, run or log miles to honor Booker T. Washington's historic journey while raising scholarship funds for Franklin County High School seniors. At Booker T. Washington National Monument. 10-11 a.m.
- **Live Music at Portside:** At Portside Grill & Bar. 1-8 p.m.
- **Live Music at Drifter's:** Relax with Saturday live music and waterfront dining at Drifter's. At Drifter's. 2-5 p.m.
- **Wine, Balloons & Tunes:** Experience two days of hot air balloons, live music, award-winning wine, food and family fun at Wind Vineyards. At Wind Vineyards. 3-9 p.m.
- **SML Boomer Band Concert:** Music, Dancing, Raffles and Concessions to benefit Saunders Volunteer Fire Co. 6-9 p.m.
- **Karaoke:** Take the mic during Saturday night karaoke at Hot Shots. At Hot Shots Bar & Grill. 7-10 p.m.
- **Live Music at Mango's:** At Mango's Bar & Grill. 7:30-11:30 p.m.

FOOD TRUCKS

(CORNER OF BERGER LOOP & KEMPFFORD — WALKING DISTANCE, RIGHT NEXT DOOR)

PauleyWood Pizza: Thursday, August 20, 4 p.m.-6:30 p.m.; Friday, August 21, 4 p.m.-6:30 p.m.; Saturday, August 22, 4 p.m.-6:30 p.m.. Delicious, handcrafted pizzas all baked to perfection in a wood-fired oven. They offer traditional as well as some very unique & tasty options. Highly recommend: the “Cuban”!

Los Torres Mexican: Not sure on exact days/time they will be here, but they are pretty steady. Excellent authentic Mexican food. Most weekends they fire up the wood grill and have the most delicious wood-fired chicken!

Salt Lake Salt Room & Spa

A local favorite here in Union Hall, just 10 minutes away. This place is a gem. A truly beautiful space run by amazing people. This is a very welcoming place, not intimidating for those new to yoga & pilates. They offer yoga/pilates/movement classes in their gorgeous restored barn (warmer months), the Greenhouse (during the cooler months) or in the Silo. They also have a lavender field and goats!!! The Spa is equally impressive and has a real salt room and they often combine the salt room with a sound bath. This is a “must do” if you want to pamper yourself a little bit. Even taking a yoga class leaves me feeling like I’ve just experienced something “other worldly”. Reserve asap, they fill up quickly.

- Visit southlake spa at <https://www.facebook.com/southlakespaandsaltroom>
- Salt room and massage chairs available each day
- Call to book services: 540.352.2847 (Lori)
- ***Yoga/Pilates just give a quick call/text to let them know how many in your group
- ***Let them know you are guests at Belle Terre

This week at Southlake:

- **Horizon Within Retreat with Tanvi:** A Breath, Sound & Creative Retreat. 112 Cedar Ridge Rd. 9 a.m.-1 p.m. From \$46.13.

Make a Day of It — Winery Adventure

- Start with a nice walk on one of the trails at Booker T. Washington Monument.
- Head to **Fables & Feathers Winery** for lunch & a glass of wine. Beautiful vineyard, great indoor & outdoor seating, and both their beer & wine are REALLY good.
- Feeling like making a whole afternoon of it? Swing by **Ramulose Ridge Winery** (not too far out of the way). Their wine leans a little sweet — not totally my thing — but people rave about their Sangria and the setting is gorgeous.
- On your way back, stop at **Bridgewater Plaza**. It's a whole scene — restaurants, shops, arcade, mini golf, a marina, and Mango's which is usually hopping on weekend nights with live music.

Another option...

Rocky Mount Day Trip

- Grab a beverage at the coffee shop “**The Whole Bean**”
- Do a little shopping at the thrift/consignment shops
- Stop for lunch at **Burgers & Co**, **The Porch Wood-fired Kitchen** or go up the hill to **Living Proof Brewery** for a beer & food truck fare.
- Finish the day off with a stop at **Anastasia's Speakeasy**. Wonderful cocktails (and mocktails), very good food (small bites or dinner) in a really trippy, chill setting.

Bonus: Park once & walk to everything!

Belle Terre Retreats • belleterreretreats.com • Event listings courtesy of the Smith Mountain Lake Insiders' Guide. Times and lineups can change — please confirm with the venue.