

Belle Terre Weekend Schedule

May 22 - May 25, 2026 • Union Hall & Rocky Mount, Virginia Welcome to Belle Terre! Here's what's happening around the lake this weekend — all within about 30 minutes of your stay.

May 22, 2026

The Lake Writers Meeting: At Trinity Ecumenical Parish, 10 a.m.-noon.

Try Before You Buy: Free wine tastings at SML Fine Wines. 4-7 p.m.

Justin Prillaman: Live music at Portside Grill & Bar. 6-8 p.m.

Dock Wizards: Live music at Mitchell's Restaurant & Pizzeria. 6 p.m.

Phat Anchovies: Live music at Mango's Bar & Grill. 7:30 p.m.

Vinyl Nation: Live music at Hot Shots Bar & Grill. 7:30-10:30 p.m.

May 23, 2026

Christian Q: Live music at Portside Grill & Bar. 5-7 p.m.

Willy Nillys: Live music at Mitchell's Restaurant & Pizzeria. 6 p.m.

Karaoke: At Hot Shots Bar & Grill 7-10 p.m.

The Frequency: Live music at Mango's Bar & Grill. 7:30 p.m.

May 24, 2026

Robin Settles: Live music at Mitchell's Restaurant & Pizzeria. 1 p.m.

Wood & Strings: Live music at Portside Grill & Bar. 2-4 p.m.

May 25, 2026

Annalyse Marie: Live music at Mitchell's Restaurant & Pizzeria. 1 p.m.

Trivia Night: At Magnum Point Marina. 6:30 p.m.

FOOD TRUCKS

(CORNER OR BERGER LOOP & KEMPFFORD-WALKING DISTANCE, RIGHT NEXT DOOR)

PauleyWood Pizza: May 23 - May 25: 5-8pm. (Subject to weather) Delicious, handcrafted pizzas all baked to perfection in a wood-fired oven. They offer traditional as well as some very unique & tasty options. Highly recommend: the "Cuban"!

Los Torres Mexican: Not sure on exact days/time they will be here, but they are pretty steady. Excellent authentic Mexican food. Most weekends they fire up the wood grill and have the most delicious wood-fired chicken!

Salt Lake Salt Room & Spa

May 23 - Mindfulness with Michelle - \$25 per person - 9:45-11:05 - See website of FB for details.

A local favorite here in Union Hall, just 10 minutes away. This place is a gem. A truly beautiful space run by amazing people. This is a very welcoming place, not intimidating for those new to yoga & pilates. They offer yoga/pilates/movement classes in their gorgeous restored barn (warmer months), the Greenhouse (during the cooler months) or in the Silo. They also have a lavender field and goats!!! The Spa is equally impressive and has a real salt room and they often combine the salt room with a sound bath. This is a "must do" if you want to pamper yourself a little bit. Even taking a yoga class leaves me feeling like I've just experienced something "other worldly". Reserve asap, they fill up quickly.

Visit southlake spa at <https://www.facebook.com/southlakespaandsaltroom>

Salt room and massage chairs available each day

Call to book services: 540.352.2847 (Lori)

***Yoga/Pilates just give a quick call/text to let them know how many in your group

***Let them know you are guests at Belle Terre

Make a Day of It — Winery Adventure

- Start with a nice walk on one of the trails at Booker T. Washington Monument.
- Head to Fables & Feathers Winery for lunch & a glass of wine. Beautiful vineyard, great indoor & outdoor seating, and both their beer & wine are REALLY good.
- Feeling like making a whole afternoon of it? Swing by Ramulose Ridge Winery (not too far out of the way). Their wine leans a little sweet — not totally my thing — but people rave about their Sangria and the setting is gorgeous.
- On your way back, stop at Bridgewater Plaza. It's a whole scene — restaurants, shops, arcade, mini golf, a marina, and Mango's which is usually hopping on weekend nights with live music.

Another option...

Rocky Mount Day Trip

- Grab a beverage at the coffee shop "The Whole Bean"
- Do a little shopping at the thrift/consignment shops
- Stop for lunch at Burgers & Co, The Porch Wood-fired Kitchen or go up the hill to Living Proof Brewery for a beer & food truck fare.
- Finish the day off with a stop at Anastasia's Speakeasy. Wonderful cocktails (and mocktails), very good food (small bites or dinner) in a really trippy, chill setting.

Bonus: Park once & walk to everything!